### 30th Annual Meeting of the Indian Foot & Ankle Society
#### IFASCON 2017

**Date:**
August 25th to 27th 2017

**Venue:**
Ganga Hospital, India

**Scientific Programme**

---

### Day 3-(27.8.17) SUNDAY

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSIONS</th>
<th>FACULTY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hall B</strong></td>
<td><a href="#">Free Paper Presentation Session-2</a></td>
<td></td>
</tr>
<tr>
<td><strong>Date:</strong></td>
<td><a href="#">Session details</a></td>
<td></td>
</tr>
<tr>
<td><strong>Venue:</strong></td>
<td><a href="#">Speakers</a></td>
<td></td>
</tr>
<tr>
<td><strong>Scientific Programme</strong></td>
<td><a href="#">Programme details</a></td>
<td><a href="#">Organising Committee</a></td>
</tr>
<tr>
<td><strong>Tea Break</strong></td>
<td><a href="#">Tea Break</a></td>
<td><a href="#">Lunch</a></td>
</tr>
</tbody>
</table>

---

**Time:** 08:00am - 09:00am  
**Session:** Free Paper Presentation Session-2  
**Chairpersons:** Dr. Maninder Singh, Dr. Balvinder Rana  
1. Comparison of Reverse Sural Artery flap healing between above and below ankle injuries  
2. Ankle and foot Tuberculosis- A changing clinical presentation and outcome  
3. First MTP Joint Arthrodesis for Severe Hallux Valgus: Its role in improvement of union rates by introduction of a lag screw and correction of the inter-metatarsal angle.  
4. Bohler's and Gissane Angles in the Indian Population  
5. Co-relation between Hawkins sign and Avascular necrosis in fracture of talus

**Session Details:**  
- **Chairpersons:** Dr. Maninder Singh, Dr. Balvinder Rana  
- **Talks:**  
  1. Comparison of Reverse Sural Artery flap healing between above and below ankle injuries (Dr. Rajamani)  
  2. Ankle and foot Tuberculosis- A changing clinical presentation and outcome (Dr. Sampat Patil)  
  3. First MTP Joint Arthrodesis for Severe Hallux Valgus: Its role in improvement of union rates by introduction of a lag screw and correction of the inter-metatarsal angle. (Dr. Utkarsha Joshi)  
  4. Bohler's and Gissane Angles in the Indian Population (Dr. Vijay krishnan)  
  5. Co-relation between Hawkins sign and Avascular necrosis in fracture of talus (Dr. Vishnu S)

**Forefoot Session:**  
**Chairpersons:** Dr. Ajoy SM, Dr. Parthiban Jeyapaul  
- Hallux valgus- chevron –when and how (Dr. Ashok Acharya)  
- Scarf –when and how (Dr. Pradeep Moonot)  
- Lapidus-when and how (Dr. Ashish Shah)  
- What have I done wrong in Hallux Valgus surgery (Dr. Cristian Ortiz)  
- Hallux Rigidus-Ist MTP Fusion technique (Dr. Pradeep Moonot)  
- MIS in forefoot surgery (Dr. Kartik Hariharan)  
- Claw and hammer toes (Dr. Ajoy)

**Discussion Time:** 10 min

**Diabetes and Charcot's Arthropathy Session:**  
**Chairpersons:** Dr. Gurinder Bedi, Dr. Rajesh Simon  
- Management of fractures in diabetes (Dr. Rajiv Shah)  
- Classification and Role of conservative management in Charcot's neuropathy (Dr. Rajesh Simon)  
- Surgical management in acute Charcots (Dr. Vinod Panchbhavi)

**Discussion Time:** 10 min

**Tea Break**

**Valedictory Function:** Hall - A

**Lunch**

---
## Flat Foot Corrective Surgery
**Moderator:** Dr. Parthiban and Dr. Suresh Kumar

- Neglected Lisfranc's foot - Medial Column Fusion
  **Moderator:** Dr. Parthiban and Dr. Suresh Kumar

- Loose Body Ankle - Arthroscopic Removal
  **Moderator:** Dr. Shantanu Kumar and Dr. Pradeep Moonot

- Multiple Exostosis And Ankle Deformity - Supramalleolar Osteotomy
  **Moderator:** Dr. Shantanu Kumar and Dr. Pradeep Moonot

- Malunited Calcaneum - Subtalar Arthrodesis
  **Moderator:** Dr. Kamal Dureja and Dr. Maninder Singh

- Charcot's Ankle Arthropathy - TTC Fusion
  **Moderator:** Dr. Kamal Dureja and Dr. Maninder Singh

- Insertional Achilles Tendinopathy - Calcaneoplasty And TA Repair
  **Moderator:** Dr. Francis Roy and Dr. Abhijit Bandyopadhyay

- Intra Articular Calcaneal Fracture - Calcaneal Fracture Fixation
  **Moderator:** Dr. Francis Roy and Dr. Abhijit Bandyopadhyay

### DAY 1 (25-08-2017) FRIDAY

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSIONS</th>
<th>FACULTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8.30AM</td>
<td>Registration</td>
<td></td>
</tr>
<tr>
<td>8.45AM</td>
<td>Introduction And Welcome Address</td>
<td></td>
</tr>
</tbody>
</table>

**09.00 AM TO 03.00 PM LIVE SURGERIES**

- Flat Foot Corrective Surgery
  **Moderator:** Dr. Parthiban and Dr. Suresh Kumar

- Neglected Lisfranc's foot - Medial Column Fusion
  **Moderator:** Dr. Parthiban and Dr. Suresh Kumar

- Loose Body Ankle - Arthroscopic Removal
  **Moderator:** Dr. Kumar Shantanu and Pradeep Moonot

- Multiple Exostosis And Ankle Deformity - Supramalleolar Osteotomy
  **Moderator:** Dr. Kumar Shantanu and Pradeep Moonot

- Malunited Calcaneum - Subtalar Arthrodesis
  **Moderator:** Dr. Kamal Dureja and Dr. Maninder Singh

- Charcot's Ankle Arthropathy - TTC Fusion
  **Moderator:** Dr. Kamal Dureja and Dr. Maninder Singh

- Insertional Achilles Tendinopathy - Calcaneoplasty And TA Repair
  **Moderator:** Dr. Francis Roy and Dr. Abhijit Bandyopadhyay

- Intra Articular Calcaneal Fracture - Calcaneal Fracture Fixation
  **Moderator:** Dr. Francis Roy and Dr. Abhijit Bandyopadhyay

### 3PM TO 7 PM - PAREKH FAMILY FOUNDATION CME

- 3.00pm - 4.30pm: Delayed presentation of hindfoot trauma cases: **Moderator - Dr. Rajiv Shah**
  **Panelists:** Cristian Ortiz, Nikesh Shah, Vinod Panchbhavi, Rajeev Vohra, Selene Parekh

- 4.30pm - 5.30pm: Parekh Family Foundation and Foot Innovate Webinar with Mike Coughlin and Mark Myerson

- 5:30pm - 7:00pm: Delayed Presentation of midfoot and forefoot trauma cases:
  **Moderator:** Dr. Sampat Patil
  **Panelists:** Kartik Hariharan, Ashish Shah, S Ajoy, Malhar Dave, Abhishek Kini, Pradeep Moonot

### DAY 2 (26-08-2017) SATURDAY

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSIONS</th>
<th>FACULTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Breakfast</td>
<td></td>
</tr>
</tbody>
</table>

**07:30 TO 09:00 AM - AO SAWBONES WORKSHOP**

**Tibio-talo-calcaneal fusion, and variable angle plate fixations in foot.**

**Moderator:** Dr. Pradeep Moonot, Dr. Balvinder Rana, Dr. Rajiv Shah, Dr. Mandeep Dhillon

- Open ankle arthrodesis-Approaches, when and why?
  **Moderator:** Dr. Balvinder Rana

- Arthroscopic arthrodesis-when and how?
  **Moderator:** Dr. Kartik Hariharan

- Open subtalar arthrodesis-when and how?
  **Moderator:** Dr. Nikesh Shah

- Distraction subtalar arthrodesis-Indications and technique
  **Moderator:** Dr. Sampat Patil

- Hindfoot fusion with nail
  **Moderator:** Dr. Vinod Panchbhavi

### HALL A

**09.00am - 10.00am - ARTHRITIS - HINDFOOT SESSION (10 mins each talk)**

**Chairpersons:** Dr. Kushal Nag, Dr. Nikesh Shah

- Open ankle arthrodesis-Approaches, when and why?
  **Moderator:** Dr. Balvinder Rana

- Arthroscopic arthrodesis-when and how?
  **Moderator:** Dr. Kartik Hariharan

- Open subtalar arthrodesis-when and how?
  **Moderator:** Dr. Nikesh Shah

- Distraction subtalar arthrodesis-Indications and technique
  **Moderator:** Dr. Sampat Patil

**10 min Discussion**

**10.00am - 11.00am - FOOT AND ANKLE DEFORMITY SESSION (10 mins each talk)**

**Chairpersons:** Dr. SR Sundararajan, Dr. Selene Parekh

- Approach and principles to the foot and ankle deformity
  **Moderator:** Dr. Rajiv Shah

- Equinus deformity
  **Moderator:** Dr. Selene Parekh

- Cavovarus deformity
  **Moderator:** Dr. Ashish Shah

- **Interesting cases presentation** (10mins each)
  **Moderator:**
  - Dr. Rajiv Shah, Dr. Selene Parekh, Dr. Ashish Shah

<table>
<thead>
<tr>
<th>11:00am - 11:20am</th>
<th>TEA BREAK</th>
<th></th>
</tr>
</thead>
</table>

**11:20am - 12.20pm – PANEL DISCUSSION - FLAT FOOT**

**Moderator:** Dr. Selene Parekh

**Panelist:** Jean Brillaut, Dr. Ashish Shah, Dr. Rajiv Shah, Dr. Balvinder Rana

**12:20pm - 01:00pm - DR. SURESWAR PANDEY ORATION - DR. KARTIK HARIHARAN**

**Chairperson:** Dr. SR Sundararajan, Dr. Rajesh Simon

"Of Fossils and Feet: An Anthropological story of the Human Foot"

**01:00pm - 01:20pm - PAST PRESIDENT ORATION - DR. BALVINDE RANA**

**Chairperson:** Dr. SR Sundararajan, Dr. Rajesh Simon

"Save that neuropathic foot: Is the labor worth it?"

**01:20pm - 02:00pm - LUNCH BREAK**

**02.00pm - 2.40pm – Role of PRP and orthobiologica in Foot and Ankle (10min) - Dr. Pradeep Moonot**

**Chairpersons:** Dr. Francis Roy, Dr. Abhijit Bandyopadhyay
### DAY 2 (26-08-2017) SATURDAY

#### HALL A

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSIONS</th>
<th>FACULTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>02:10pm - 03:00pm</td>
<td><strong>ANKLE FRACTURES SESSION</strong> (10 mins each talk)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chairpersons: Dr. Francis Roy, Dr. Abhijit Bandyopadhyay</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Posterior malleolus fractures: Current concepts Dr. Stefan Rammelt</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Malunited fractures-management algorithm Dr. Mandeep Dhillon</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Role of syndesmosis fixation-when, and what to fix-EBM Dr. Michael Swords</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• 10 Commandments of Pilon fracture management Dr. Rajiv Shah</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>10 min Discussion</strong></td>
<td></td>
</tr>
<tr>
<td>03:00pm - 04:00pm</td>
<td><strong>TALUS FRACTURES SESSION</strong> (10 mins each talk)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chairpersons: Dr. Ajay S M, Dr. Rajesh Simon</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Neck fractures-Approach and management Dr. Ashok Acharya</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• The problem of malunited talus neck Dr. Stefan Rammelt</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Talar body fractures management Dr. Michael Swords</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Peripheral talar fractures Dr. Parthiban</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Talar dislocations Dr. Rajesh Simon</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>10 min Discussion</strong></td>
<td></td>
</tr>
<tr>
<td>04:00pm - 05:00pm</td>
<td><strong>AO TRAUMA SYMPOSIUM- Errors in Fracture Fixation</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chairpersons: Dr Stefan Rammlet, Dr Michael Swords, Dr Selene Parekh,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr Kartikh Hariharan, Dr Balvinder Rana.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Errors in ankle foot fixation Dr. Stefan Rammelt</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Errors in calcaneal fracture management Dr. Michael swords</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Errors in talus/ midfoot injury management Dr. Mandeep Dhillon</td>
<td></td>
</tr>
<tr>
<td>05:00pm - 06:00pm</td>
<td><strong>GENERAL BODY MEETING</strong></td>
<td></td>
</tr>
<tr>
<td>07:00pm - onwards</td>
<td><strong>BANQUET at HOTEL POPPY’S</strong></td>
<td></td>
</tr>
</tbody>
</table>

#### HALL B

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSIONS</th>
<th>FACULTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00am - 10.45am</td>
<td><strong>PEDIATRIC SESSION</strong> (10 mins each talk)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chairpersons: Dr SS Jha, Dr Suresshwar Panday</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• CTEV current conservative management concepts Dr. Rajat Chopra</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• CTEV external stabilization systems Dr SS jha</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Neglected CTEV : how I deal with it Dr Suresshwar Panday</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Paediatric flat feet : are you treating parents? Dr Parthiban</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• CVT : is it an unsolved issue ? Dr Suresshwar Panday</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>25 min Discussion</strong></td>
<td></td>
</tr>
<tr>
<td>10:15am - 11:00am</td>
<td><strong>DR. PANDEY GOLD MEDAL PAPER PRESENTATION SESSION</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(8 mins each talk, 2 mins discussion)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chairpersons: Dr. Stefan Rammelt, Dr. Michael Swords</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1) Baby steps towards developing total ankle replacement Dr. Andleeb Singh Sachdev for Indian population - an anthropometric study</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2) Open astragalus injuries and its outcome Dr. Ramesh P</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3) Analysis of functional outcome of ankle fractures following Dr. Rizwan Basha internal fixation: a prospective cohort study of 98 patients</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4) Effect of Surgical Methods on Outcomes of Lateral Ankle Dr. Utkarsha Joshi instability Repair</td>
<td></td>
</tr>
<tr>
<td></td>
<td>5) Early Weight-bearing Using Percutaneous External Fixator Dr. Vettrivel Chezian for Calcaneal Fracture</td>
<td></td>
</tr>
<tr>
<td>11:00am - 11:20am</td>
<td><strong>TEA BREAK</strong></td>
<td></td>
</tr>
<tr>
<td>11:20am - 12:20pm</td>
<td><strong>MISCELLANEOUS (10 min each talk)</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chairpersons : Dr.Vinod Panchbhavi, Dr Suresh Kumar PM</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Non insertional Achilles tendinopathy Dr. Abhishek Kini</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Insertional Achilles tendinopathy Dr. Suresh Kumar</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Peroneal tendon pathologies Dr. Vinod Panchbhavi</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Tarsal tunnel syndromes Dr. Malhar Dave</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Tumours in Foot and Ankle Dr. Kumar Shantanu</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>10 min Discussion</strong></td>
<td></td>
</tr>
<tr>
<td>12:20pm - 01:00pm</td>
<td><strong>Dr. SURESWAR PANDEY ORATION - Dr. Kartik Hariharan</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chairperson: Dr. SR Sundrarajan, Dr Rajesh Simon,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Of Rossils and Feet: An Anthropological story of the Human Foot</td>
<td></td>
</tr>
<tr>
<td>01:00pm - 01:20pm</td>
<td><strong>PAST PRESIDENT ORATION - Dr. Balvinder Rana</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chairperson: Dr. SR Sundrarajan, Dr Rajesh Simon,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>* Save that neuropathic foot: Is the labor worth it?</td>
<td></td>
</tr>
<tr>
<td>01:20pm - 02:00pm</td>
<td><strong>LUNCH BREAK</strong></td>
<td></td>
</tr>
</tbody>
</table>
DAY 2 (26-08-2017) SATURDAY

HALL B

02.00pm - 2.10pm - Imaging in Foot and Ankle  
Chairpersons : Dr. Cristian Ortiz, Dr. Maninder Singh

02:10pm - 03:00pm - CALCANEAL FRACTURES SESSION (10 mins each talk)  
Chairpersons : Dr. Cristian Ortiz, Dr. Maninder Singh

• Extended lateral approach - Advantages and disadvantages and video demo  
  Dr. Balvinder Rana
• SINUS Tarsi approach- Advantages and disadvantages and video demo  
  Dr. Cristian Ortiz
• Reduction techniques – open and percutaneous-with video  
  Dr. Michael Swords
• Malunited calcaneum fractures - Approach and management  
  Dr. Rajiv Shah

03:00pm - 04:00pm - MIDFOOT SESSION (10 min each talk)  
Chairpersons : Dr. Michael Swords, Dr. Girish Motwani

• Lisfrancanatomy,classification and ORIF  
  Dr. Kamal Dureja
• Principles and technique of midfoot fusion in Lisfranc  
  Dr. Vinod Panchbhavi
• 5TH Metatarsal fractures  
  Dr. Maninder Singh
• Navicular and cuboid fractures  
  Dr. Malhar Dave

04.00pm -05.00pm - AO TRAUMA SYMPOSIUM- Errors in Fracture Fixation - Hall A  
Chairpersons : Dr. Stefan Rammlet, Dr. Michael Swords, Dr. Selene Parekh,
Dr. Kartik Hariharan, Dr Balvinder Rana.

• Errors in ankle foot fixation  
  Dr Stefan Rammlet
• Errors in calcaneal fracture management  
  Dr Michael swords
• Errors in talus/ midfoot injury management  
  Dr. Mandeep Dhillon

Day 3- (27.8.17) SUNDAY

Hall A

08:00am - 09:00am  SESSION - 1 : FREE PAPER PRESENTATION  
(8 mins each talk, 2 mins discussion)  
Chairpersons : Dr. Girish Motwani, Dr. Mahesh Soni

1) Treatment Modalities of Malleolar Fractures – a prospective study of 60 cases  
   Dr. Ashutosh Mohapatra
2) "Role of the Calcaneo-plasty and Correlation of Haglund’s bump and spur in Insertional Achilles Tendinopathy and Degenerative Achilles tendon rupture”  
   Dr. Ramakanth Rajagopalakrishnan
3) Out comes of open reduction & internal fixation of displaced intra Dr. Kamalakar Rao articular fractures of calcaneum through subtalar approach & percutaneous screw fixation – a prospective study  
   Dr. Katekar Shyam Ashok
4) Extensive Lateral Approach to Calcaneum – Still the workhorse approach  
   Dr. Cristian Ortiz
5) Endoscopic Calcaneoplasty: A treatment option for Haglund’s bump  
   Dr. Madhu Geddam

09:00am - 10:00am - ARTHROSCOPY AND SPORTS MEDICINE SESSION (10 min each talk)  
Chairpersons : Dr. Kushal Nag, Dr. SR Sundararajan

• Ankle and foot scoped: Portals and set up  
  Dr. Kartik Hariharan
• Ankle Impingement-Diagnosis and management  
  Dr. Abhishek Kini
• OCD of Talus microfracture, BMAC and OATS  
  Dr. Jean Brillaut
• Chronic Lateral instability—Diagnosis and Open reconstruction Bracetom-video technique  
  Dr. Ashish Shah
• Subtalar arthroscopy—portals, indications and technique  
  Dr. Cristian Ortiz

10 min Discussion

09:00am - 10:00am - OPEN FRACTURES SESSION (10 mins each talk)  
Chairpersons: Dr. SampatPatil, Dr. Francis Roy

• Role and technique of Debridement –An art  
  Dr. S Raja Sabapathy
• Open fractures of foot and ankle  
  Dr. S Rajasekaran
• Role of external fixators in foot and ankle  
  Dr. Sampat Patil
• Infections in Foot and Ankle  
  Dr. SR Sundararajan

10 min Discussion

10:00am -10:10am - TEA BREAK

11:10am - 11:50am - VALEDICTORY FUNCTION

11:50pm -01:00pm – TENDO ACHILLES RUPTURE – PANEL DISCUSSION  
Moderator : Dr.Sampat Patil
Dr.Cristian Ortiz, Dr. Rajesh Simon, Dr.Jean Brillaut,

01:00pm -02:00pm – LUNCH BREAK

02:00am -03:00pm – Panel Discussion – Interesting case discussion by Faculty & delegates  
Panelists : Dr.JeanBrillaut, Dr.Vinod Panchbhavi, Dr.Ashish Shah, Dr.Michael Swords,  
Dr Balvinder Rana  Case presenters- Dr Mahesh Soni, Dr Girish, Dr K umar Shantanu,  
Dr Maninder Singh, Dr Balvinder Rana