

Timings	Speaker
---------	---------

**SHOULDER JOINT SESSION**

8.30-9.00	Shoulder anatomy and normal variants (Patient positioning, Protocols for MRI, and MR arthrogram)	Dr. Rajadhirajan Sathyamurti
9.00-9.25	Rotator cuff, rotator cable & rotator interval	Dr. Chaitali Deepak Parekh
9.25-9.45	Glenoid labrum & labro-bicipital complex (Labral tears & SLAP)	Dr. Raj Chari
9.45-10-15	Shoulder instability and glenoid track assessment	Dr. Pushpa Bhari Thippeswamy

10:15-10:50

 *Coffee Break*

10:50-11.20	Shoulder impingement (Internal & external)	Dr. Nafisa Shakir Batta
11.20-11.35	AC joint, acromion & coracoclavicular ligaments	Dr. Chaitali Deepak Parekh
11.35-11.45	Mind-boggling acronyms of shoulder, do I need to know them all (SLAP to GLAD)	Dr. Malini Ashwin Lawande
11.45-12.00	Shoulder, elbow arthropathy - infective, inflammatory & OA	Dr. Seema Janardhan
12.00-12.20	Post-operative imaging of the shoulder	Dr. Nafisa Shakir Batta
12.20-12-50	Pediatric shoulders - how different are they from adults?	Dr. Raj Chari
12.50-01.10	Compressive neuropathies around the shoulder	Dr. Madhavi Kandagaddala

1:10-2:00



**LUNCHTIME**

**SHOULDER ORTHO - RADIOLOGY SESSION**

2.00-2.20	Rotator cuff pathologies - imaging findings that influence surgical prognosis	Dr. Terence Dsouza
2.20-2.40	Shoulder instability and internal impingement - How imaging influences surgeons decision	Dr. Ramakanth Rajagopalakrishnan
2.40- 3.00	Post-operative shoulder - What surgeon wants to know	Dr. SR Sundararajan

**3.30pm onwards : Trip to : Isha Yoga Center, Coimbatore**



*Its unique energy, structure, and location make the Isha Yoga Center a  
tremendously powerful space for self-transformation.*

*- Sadhguru*

*Isha Yoga Center is a scenic spiritual destination, set at the foothills of the Majestic Velliangiri mountains in Coimbatore, the uniqueness of the center is one can explore all the four Major Paths of Yoga. Founded by Sadhguru, this destination is a varied mix of various offering for seekers and tourists. Here you can drink the breathtaking beauty of the Nilgiri Biosphere.*

## Timings

## MORNING RECHARGE - INTERACTIVE SESSION

8.00-9.30 am Shoulder interactive sessions with mentors



5 halls -5 mentors, half an hour for each interactive session with all the mentors

**Mentors**Dr Malini Ashwin Lawande,  
Dr. Raj Chari,  
Dr. Nafisa Shakir Batta,  
Dr. Chaitali Deepak Parekh,  
Dr. Pushpa Bhari Thippeswamy

## ELBOW JOINT

10.00-10.20 Elbow anatomy &amp; and normal variants

(Patient positioning and protocols for MRI and MR arthrogram)

Dr. A. Anbarasu

10.20-10.40 Common flexor and extensor origin, anatomy &amp; pathology

Dr. A. Anbarasu

10:40-10:50



10.50-11.10 Elbow stabilizers &amp; instability

Dr. Raj Chari

11.10-11.30 Tendon-specific pathologies around the elbow -

Distal biceps tendon, brachioradialis, and bicipital bursa.

Triceps tendon and olecranon bursal pathology

Dr Malini Ashwin Lawande

11.30-11.45 Compressive neuropathy around the elbow

Dr. Srinadh Boppana

## ELBOW JOINT: ORTHO-RADIOLOGY SESSION

11.45-12.30 How biomechanics influences imaging appearance and how imaging influences surgeons management.

Dr. P. Velmurugesan

## WRIST JOINT

12.30-1.00 Wrist radiograph (an approach)

Dr. Bhupendar singh

1:00-2:00



## LUNCH TIME

2.00-2.20 Extensor and flexor compartments of wrist

Dr. Raghu Teja Sadineni

2.20-2.50 TFCC anatomy, injury, and post-operative imaging

Dr. Srinadh Boppana

2.50-3.10 Traumatic &amp; non-traumatic carpal bone pathologies - injury, AVN, preoperative and post-operative imaging

Dr. Malini Ashwin Lawande

3.10-3.40 Carpal Instability: DISI, VISI, SLAC &amp; SNAC

Dr. Darshana Sanghvi

3.40-4.00 Nerve entrapment around wrist joint

Dr. Seema Janardhan

## WRIST JOINT : ORTHO - RADIOLOGY SESSION

4.00-4.30 Surgeon's perspective in carpal instability

Dr. Praveen Bhardwaj



## HIGH AFTER TEA - INTERACTIVE SESSION

5.00-6.30 pm Elbow interactive sessions with mentors







5 halls -5 mentors, half an hour for each interactive session with all the mentors.

**Mentors**Dr. Srinadh Boppana,  
Dr. Raj Chari,  
Dr. A. Anbarasu,  
Dr. Raghu Teja Sadineni  
Dr. Bhupendar singh,  
Dr. Madhavi Kandagaddala,

## MAY 5<sup>TH</sup> 2024. DAY 3 - PROGRAMME

TIME : 8:30 AM TO 4:00 PM

Timings		Speaker
<b>MORNING RECHARGE - </b>		
8.00-9.00 am	Quiz	Dr. Bhupendar & Dr. Raghu
<b>FINGER AND THUMB</b>		
9.00-9.30	Thumb anatomy	Dr. Darshana Sanghvi
9.30-10.00	Imaging of thumb injuries.	Dr. Darshana Sanghvi
10:00-10:30		
10.30-11:00	Finger anatomy	Dr. Pushpa Bhari Thippeswamy
11:10-11.40	Imaging in Finger injuries	Dr. Nafisa Shakir Batta
11.40-12:05	Physeal injury and physeal bar - Imaging and Management	Dr. Venkatadass
12.05-12.30	Metabolic disease of wrist and inflammatory arthritis	Dr. Madhavi Kandagaddala
12.30-1.10	<b>Quiz answers</b>	
1:10-2:00		
<b>WORKSTATION WORKSHOP</b>		
2.00-4.00	 <ol style="list-style-type: none"><li>1. Glenoid track assessment</li><li>2. Birth brachial plexus palsy</li><li>3. Carpal instability measurement</li><li>4. Measurements around wrist joint</li><li>5. Patellar instability</li><li>6. Lower limb rotational profile</li><li>7. Mapping of AVN hip</li></ol>	Dr. Pushpa Bhari Thippeswamy Dr. Raghu Teja Sadinieni Dr. Rajadhirajan Sathyamurti Dr. Kavya Dr. Bhupendar Singh Dr. Ram Sanjith