

12, 13 & 14th
SEPTEMBER
2025

**Block
your
dates...**

23rd Annual Conference of
National Association of
Inter-Locking Surgeons

NAILSCON

COIMBATORE

2025

Theme

**“Learn to Nail the Art of
Interlock Nailing”**

Course Highlights

- Live Surgical Demonstrations
- Interactive Sessions
- Workshops on Interlock Nailing

Online Registration Click
Link or Scan QR code

<https://gangahospital.com/nailscon2025>



in associatioan with
Tamil Nadu Orthopaedic Association
Coimbatore Orthopaedic Society
National Association of Interlocking Surgeons



Venue : Ganga Hospital, Coimbatore - 641043, TN, India.

Organising Committee's Desk



Dr S Rajasekaran
Organising Chairman



Dr J Dheenadhayalan
Co-Organising Chairman



Dr Devendra A
Organising Secretary

Dear Colleagues

It is with great pleasure that we invite you to the NAILSCON 2025 at Coimbatore, India from 12th to 14th September 2025. The course has been specially designed to provide a comprehensive knowledge on Interlock nailing of long bones. The highlight will be live surgical demonstrations by eminent international and national faculty members along with interactive sessions and lectures.

Coimbatore, an industrial hub, is also well known for educational institutions, its pleasant weather, friendly culture and exceptional hospitality. It is well connected from international airports at Chennai, Mumbai, Delhi and Bangalore. The city is also a gateway to some of India's famous hill stations, temple towns and other tourist destinations. The conference presents an opportunity to visit this beautiful city, meet old friends, make new ones and to have a great family holiday.

We welcome you and your family to a rich and memorable experience.

Dr P Ramesh
Dr K Venkatadass

Co - Organising Secretaries

Dr C Arunkamal
Dr J Mohamed Zackariya
Dr P Velmurugesan

Joint Secretaries

Dr S P Sivakumar

Treasurer

NAILS Committee



Dr Amit Rastogi
President - NAILS



Dr Satish Mutha
Secretary - NAILS



Dr Shivashankar
Treasurer- NAILS

Organizing Committee



Dr S Rajasekaran
Organising Chairman



Dr. J Dheenadhayalan
Co-Organising Chairman



Dr. Devendra A
Organising Secretary



Dr P Ramesh
Co - Organizing Secretary



Dr K Venkatadass
Co - Organizing Secretary



Dr C Arunkamal
Joint Secretary



Dr J Mohamed Zackariya
Joint Secretary



Dr P Velmurugesan
Joint Secretary



Dr S P Sivakumar
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Dr B. Roy Wilson Armstrong
Associate Consultant



Dr Raja Bhaskar R
Associate Consultant



Dr Muthukumar
Associate Consultant



Dr Thirumurugan J
Senior Registrar



Dr Imran Asif
Senior Registrar



Dr Roopesh Kumar
Senior Registrar



Dr Hemraj Bhasker
Senior Registrar



International Faculty



**Prof Ben Tov
Israel**



**Dr Christian Fang
Hongkong**



**Prof Peter Giannoudis
UK**



**Prof Dr T Poehlmann
Germany**

National Faculty



Dr Amit Ajaonkar



Dr Amulya Kumar Singh



Dr Ashok Gavaskar



Dr Ashok Raju G



Dr Dilip Tanna



Dr Balu C Babu



Dr Dinesh Kale



Dr Durga Prasad V



Dr Milind Chaudhary



Dr Navin Thakkar



Dr Nagashree V



Dr Prahlad Kumar Singhi



Dr Pushkar Chawla



Dr Pradeep kothadia



Dr Rakesh Tripathi



Dr Rithabh Kumar



Dr Samarth Mittal



Dr Sangeet Gawhale



Dr Santhosh Gaddam



Dr Santosh Kumar Singh



Dr Shailesh Pai



Dr K P Sreekanth



Dr Srinivas Kasha



Dr Sushrut Babbhulkar



Dr Thirumalaisamy



Dr Vasudeva Juvvadi



Dr Vishnu senthil



Dr Vijay Sriram



Dr Wasudeo Gadegone

DAY-1 Friday 12th September 2025		
TIME	TOPICS	Faculty
07:30 - 8:30am	Registration	
08.30am - 8.45am	Lamp lighting and Introduction	Prof S Rajasekaran
	SESSION I (8 min's) Chairpersons: Dr J Dheenadhayalan, Dr B Shivashankar, Dr Amit Rastogi	
08.45am - 08.53am	How Nails Work: Principles and Biomechanics of Intramedullary Fixation	Dr Ashok Raju G
08.53am - 09.01am	The Evolution of Intramedullary Nailing	Dr K P Srikanth
09.01am - 09.09am	From Neer to Now: The Ever-Evolving Approach to Proximal Humerus Fractures	Dr Christian Fang
	Debate : "Nail it or Plate it: What Would You Do on a Monday Morning?"	
09.09am - 09.17am	"Why I Nail Proximal humerus fractures? : Less Soft Tissue, Less Fuss, Great Results" (Nailing Proponent)	Dr Shailesh Pai
09.17am - 09.25am	"Why I Plate?: Restore Anatomy, Restore Function" (Plating Proponent)	Dr Srinivas Kasha
09.25am - 09.40am	Discussion	
09:40am - 10.15am	Panel Discussion	Dr P Velmurugesan, Dr Vishnu Senthil (15mins each)
	Panelists: Dr Christian Fang, Dr Shailesh Pai, Dr B Shivashankar, Dr Wasudeo Gadegone, Dr Vishnu Senthil, Dr Amit Rastogi	
10.15am - 10.30am	Inaugural function	
10:30am - 10.45am	Plenary Lecture Reamed IM nailing: what do we think we do to the bone and to the patient?	Dr Peter Giannoudis
	SESSION II Live Session (4hrs 30mts)	
10:45am - 01.30pm	Live surgery (Four cases) Dr J Dheenadhayalan,Dr K Venkata Dass, Dr B Shivashankar, Dr Pradeep Kothadia	Moderators: Auditorium: Dr Ashok Raju, Dr Amit Rastogi Hall C: Dr Wasudeo Gadegone , Dr Durga Prasad V.
	Lunch will be available between 12:30 PM and 2:30 PM.	
01.30pm - 03.30pm	Live surgery (Four cases) Dr Shailesh Pai, Dr Srinivas Kasha, Dr J Mohamed Zackariya.	Moderators: Auditorium: Dr Satish Mutha, Dr Durga Prasad V. Hall C: Dr K P Srikanth, Dr Nagashree,
Each 8 min's	SESSION III (8 min's) Chairpersons: Dr K Venkata Dass, Dr Durga Prasad V	
03.30pm - 03.38pm	Managing Adolescent Femoral Fractures: Techniques and Lessons from Our Experience	Dr K Venkata Dass
03.38pm - 03.46pm	Fractures in Children: Mastering the Art of TENS	Dr Vijay Sriram
03.46pm - 03.54pm	Clavicle Fractures: When to Nail and When to Walk Away	Dr Wasudeo Gadegone
03.54pm - 04.02pm	Extended use of Intramedullary nails in Special situations	Dr Amulya Singh
04.02pm - 04.10pm	Discussion	
Each 8 min's	SESSION IV (8 min's) Chairpersons: Dr Amit Rastogi, Dr Amulya Singh	
04.10pm - 04.18pm	RRBTT Relive Video demonstration	Dr Rakesh Tripathi
04.18pm - 04.26pm	Neck with shaft femur fractures, Double versus Single implants	Dr Amit Rastogi
04.26pm - 04.34pm	Failures After Nailing: What Went Wrong? Tips to avoid Failure	Dr B Shivashankar
04.34pm - 04.42pm	Traumacem augmentation in Trochanteric fractures: Advantages and Technique	Dr Ben Tov Tomer
04.42pm - 04.52pm	Discussion	
04.52pm - 05.05pm	AO Industry Relation as key for innovation and advancements in patient care.	Tim Pohleman
	SESSION V (45 min's)	
05.05pm - 5.45pm	Case discussion Dr Wasudeo Gadegone , Dr K Venkata Dass, Dr Vijay Sriram, Dr V Durga Prasad, Dr Amit Rastogi, Dr Pradeep Kothadia	Dr K Venkata Dass, Dr Santhosh Gaddam
	Workshops	
5.45pm - 6.30pm	Workshop - Auditorium : TFNA with Cement augmentation. Hall C: Humerus Multilock nailing. Faculty demonstration and discussion	Auditorium: Dr Ben Tov Tomer and Dr Sivakumar S P, Hall C: Dr Shailesh Pai, Dr P Velmurugesan
5.45pm - 6.30pm	Executive committee meeting (Faculty Hall)	

DAY-2 Saturday 13th September 2025

SESSION I

07: 30am - 11.00am	Live Surgery (Five Cases) Dr Ashok Gavaskar, Dr Christian Fang, Dr Vijay Sriram, Dr Satish Mutha, Dr Dinesh Kale,	Moderators: Auditorium: Dr A Devendra, Dr Samarth Mittal Hall C: Dr Vasudeva, Dr Santosh Gaddam
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Each 15 min's	SESSION II - Plenary Lectures Chairpersons: Dr Amit Rastogi, Dr Satish Mutha, Dr B Shivashankar	
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11.00am - 11.20am	Dr V M Iyer's Oration by Immediate Past President - "Nailing - Yesterday's Echo, Tomorrow's Call"	Dr Sushrut Babhulkar
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11.20am - 11.40am	Presidential Guest lecture: Lengthening over nail in deformity correction	Dr Milind Chaudhary
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11.40am - 12.00pm	"The Nail and Beyond: How Fixation Has Changed, and What Still Matters"	Dr DD Tanna
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12.00pm - 12.20pm	"Are we about to enter a new innovation cycle in the way, we treat fractures?"	Prof Dr. T. Pohlemann
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Each 8 min's	SESSION III Chairpersons: Dr J Dheenadhayalan, Dr Pushkar Chawla	
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12.20pm - 12.28pm	Subtrochanteric Fractures: Tips and Tricks in reduction and Fixation	Dr Pushkar Chawla
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12.28pm - 12.36pm	Does Lateral Position Make Life Easier in Trochanteric fracture fixation	Dr Dinesh Kale
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12.36pm - 12.44pm	War injuries and Polytrauma, How and when to do definitive fixation, My experience	Dr Ben Tov Tomer
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12.44pm - 12.52pm	Retrograde Nailing: A Good Option for Distal Femur When and Why?	Dr. Amit Ajgaonkar
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12.52pm - 01.00pm	Discussion	
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01.00pm - 01.10pm	Review of Previous Day's Operated Cases	Dr J Dheenadhayalan
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SESSION IV
Live Session (1hrs 05mts)

01.10pm - 02.15pm	Live Surgery (Two Cases) Dr Ben tov Tomer, Dr Peter Giannoudis.	Moderators: Auditorium: Dr Pradeep Kothadia, Dr Nagashree Hall C: Dr Rithabh kumar, Dr. Amit Ajgaonkar.
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Lunch will be available between 12:30 PM and 2:30 PM.

SESSION V

Total 8 min (6min Presentation + 2min Discussion)	Golden nail award presentation (Senior Category) Starts from 02:15pm - 03:45pm AUDITORIUM	Chairpersons: Dr B Shivashankar, Dr Samarth Mittal
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Timing	Title	Presentor
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02.15pm - 02.23pm	Randomised prospective triple blinded study comparing union and complications in intramedullary nailing of closed fractures of the femoral shaft using regular reamers versus reamer irrigator aspiration reamers	Dr.Sowmya bhat
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02.23pm - 02.31pm	Evaluation of functional and radiological outcomes of masquelet technique for infected/gap non-union of fractures	Dr Kalpa Kushalappa
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02.31pm - 02.39pm	Comparision of Hip Fixation Nail...Its Technical and Operative Advantages over other cephalomedullary nails	Dr Shashikant B. Ganjale
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02.39pm - 02.47pm	Changing trends in the managemnt of proximal humerus fractures	Dr.Sathish kumar thangamani
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02.47pm - 02.55pm	Peri-Implant Fracture: An Emerging Complication of Short Proximal Femoral Nail Use in Stable Intertrochanteric Fractures in the Elderly	Dr Bansilal K
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02.55pm - 03.03pm	Nail plus plate : Friends, not rivals	Dr.Punit Agarwal
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03.03pm - 03.11pm	Optimising Fixation in Morbidly Obese Patient: Staged Combined Nail-Plate Reconstruction for Complex Femoral Non- union with Broken Nail in situ - A Case Report with One year follow up	Dr Janam Bansal
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03.11pm - 03.19pm	Combined Distal Intramedullary Supracondylar (DIMSC) Nail with Plate Fixation for Distal Femur Fractures: A Case Series of 10 Patients	Dr Sunil Handralmath
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03.19pm - 03.27pm	Intraoperative Bending of Interlocking Nails in Bowed Femur and Tibia: A Case Series	Dr Yashwant Patel
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03.27pm - 03.35pm	Segmental Femoral Shaft Fractures (AO 32C2): Outcome Analysis and the Role of Biologics and Augmentation	Dr. A. Subburam
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03.35pm - 03.43pm	Is there a difference in radiation exposure between TENS and Enders Nailing for paediatric femoral shaft fractures? – results of a Randomized Controlled Trial	Dr. Aravinda sabari
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03.43pm - 03.51pm	Outcome of Retrograde Interlocking nailing for humeral shaft fracture.	Dr. Nitin Patil
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Total 8min (6min Presentation + 2min Discussion)	Golden nail award presentation (PG Category) Starts from 02:15 - 03:45 PM HALL C	Chairpersons: Dr Satish Mutha, Dr Amit Ajoankar
Timing	Title	Presenter
02.15pm - 02.23pm	Reconstruction of long bone defects of lower limb using induced membrane technique around the nail in Type 3 open injuries. Analysis of 20 cases	Dr Praveenkumar
02.23pm - 02.31pm	Optimizing Implant Selection in Polio Femur Fractures: An Analysis of morphology and Functional Outcomes	Dr.Senthil Kannan
02.31pm - 02.39pm	Clinico-radiological outcome following elastic stable intramedullary nailing in displaced mid shaft clavicle fractures: A study of 30 cases intramedullary nailing in displaced mid shaft clavicle	Dr Sanchit Gupta
02.39pm - 02.47pm	Cephalomedullary Nail–Only Fixation for Ipsilateral Proximal Femur (Neck/Intertrochanteric) with Shaft Fractures: Our Case Series and a Management Algorithm	Dr. Bhagath L S (instead of Varun Chandiramani)
02.47pm - 02.55pm	Hindfoot nailing: the last stand in limb salvage – a retrospective study	Dr. Jeevan K.B
02.55pm - 03.03pm	Cement "The saviour or saboteur in Trochanteric Fixation"	Dr.Logeshwer
03.03pm - 03.11pm	Humerus Nail as a Retrograde Fixation Option in Periprosthetic, Femur Fractures	Dr Rahul Raj
03.11pm - 03.19pm	An extraordinary exchange nail in an Elderly Patient !	Dr Prasanth
Each 8 min's	SESSION VI Chairpersons: Dr K P Sreekanth, Dr Vishnu Senthil	
03.51pm - 03.59pm	Tibial Nailing Made Easy: Tips, Tricks, and Smart Moves	Dr Vasudeva
03.59pm - 04.07pm	Extreme Tibial Nailing: Salvage, Struggle, Success"	Dr Samarth Mittal
04.07pm - 04.15pm	Distal femoral fractures with comminution, Does the Retrograde nail with LAW outshine the usage of LCP	Dr Christian Fang
04.15pm - 04.23pm	Retrograde Nailing in Periprosthetic fractures Post TKA	Dr Satish Mutha
04.23pm - 04.31pm	Nailing in Pathological fractures, Is it feasible or Is it a Disaster ?	Dr Rajabhaskara Rajasekaran
04.31pm - 04.46pm	Discussion	
SESSION VII - (04:50pm - 05.30pm) Panel discussion: Lower limb Cases: Dr Vasudeva, Dr Amit Ajoankar, Dr Vishnu Senthil, Dr Peter Giannoudis, Dr K P Srikanth, Dr Santhosh Gaddam Faculty: Dr A Devendra / Dr. Rohan Singh Parhar		
Workshops		
05.30pm - 06: 30pm	Workshop - Auditorium: RAFN, Hall C: Suprapatellar nailing by Sorath, Faculty demonstration and discussion	Auditorium: Dr Christian Fang, Dr Mohd Zackariya, Hall C: Dr Wasudeo Gadegone, Dr Sivakumar S P
06.30pm - 07.00pm	GBM	
07.00pm Onwards	Gala Dinner at The Residency Hotel	All are Welcome

DAY-3 Sunday 14th September 2025		
Each 8 min's	SESSION I Chairpersons: Dr Rithabh Kumar, Dr Satish Mutha	
08:00am - 08:08am	Infection following Interlock nailing, How to proceed?	Dr Ashok Gavaskar
08:08am - 08:16am	When to consider Dual implant for long bone fractures	Dr Sangeet Gawhale
08:16am - 08:24am	Blocking Screws: When to use and how??	Dr Rithabh Kumar
08:24am - 08:32am	When Metal gives up? Strategies for Broken Intramedullary nail removal	Dr Santosh Singh
08:32am - 08:42am	Maximising the reach and impact of your published research	Dr Peter Giannoudis
08:42am - 09:00am	Discussion	
Each 8 min's	SESSION II Special Situations Chairpersons: Dr S G Thirumalai Samy, Dr Pradeep Kothadia	
09:00am - 09:08am	Dynamization: The Right Move at the Right Time, When to do??	Dr Balu C Babu
09:08am - 09:16am	Invisible Instability even after fixation of Proximal Femur Fractures - Biomechanical Insight	Dr Navin Thakkar
09:16am - 09:24am	Nonunion following femur nailing : Challenges and Tips	Dr S G Thirumalai Samy
09:24am - 09:32am	Antibiotic coated nail / Role of Local antibiotics	Dr Pradeep Kothadia
09:32am - 10:00am	Discussion	
10:00am - 10:15am	Review of Previous Day's Cases	Dr J Dheenadhayalan
10:15am - 10:45am	Panel Discussion: Tips to bailout the complex situations	Dr Prahlad Kumar Singhi / Dr Pradeep Kothadia (15mts each)
10:45am - 11:00am	Valedictory Ceremony & Awards Presentation	
SESSION III - (11:00am - 02:00pm) Live Surgery (Six Cases) Dr Peter Giannoudis, Dr Christian Fang, Dr P Velmurugesan, Dr Arun Kamal, Dr Sivakumar S P. Moderators: Auditorium: Dr Ramesh Perumal, Dr Prahlad Kumar Singhi Hall C: Dr A Devendra, Dr Balu C Babu		